

Fairhaven Recovery Homes

“Walking a New Path in Recovery and Life”

House Members’ Policies

- 1) Your recovery must come first!
- 2) All new Members are on a 30 day probationary period and must be at **home** unless doing something positive and verifiable for their recovery, employment or health.
- 3) A 10:00 pm Sunday through Thursday and 12 midnights on Friday and Saturday curfew stands at all times for all Members. Members on a probationary period must be home **BEFORE** curfew, i.e. after job search etc... for the day.
- 4) Any Member may be placed on probationary period as a consequence of a policy violation by the House Mentor. **The most restrictive rule shall apply!**
- 5) All Members in treatment must sign a release of information, so that the House Mentors, Executive Director, President and Vice-President can stay informed of your progress, attendance and issues concerning relapse, drug/alcohol use, gambling, and endangerment of self or others. Fairhaven desires your ability to share and be comfortable in your treatment so as to remain on a positive track without fear of gossip or reprisal.
- 6) All members on parole or probation shall provide copies of their PO’s report sheet upon move in and after each follow up visit with their probation/parole officer.
- 7) All Members on parole or probation shall provide their PO’s contact information and allow the release of any information regarding issues such as no contact orders, restraining orders, curfews imposed, restriction concerning staying overnight elsewhere, being at or around any person, place or thing restricted by their PO. Should a conflict arise between a PO’s restriction and Fairhaven policies, **THE MOST RESTRICTIVE RULE SHALL APPLY!**
- 8) NO alcohol, drugs or gambling inside or outside the house.
- 9) NO lying or stealing.
- 10) NO fighting or swearing.
- 11) NO physical or verbal abuse.
- 12) NO gossiping about others.
- 13) NO storage beyond member’s room.
- 14) NO Member is allowed pets.
- 15) No person, including other Members, is allowed in any Members’ room without prior approval of their roommate, as well as the House Mentor. Visits by new and unfamiliar persons also require the House Mentor approval. **EACH** occasion will require these approvals. ***NOTE: THE MENTOR MAY ENTER ANY MEMBER’S ROOM AT ANYTIME WITHOUT PRIOR APPROVAL. EACH ROOM SHALL BE CHECKED DAILY BY THE MENTOR TO ENSURE ROOMS ARE NOT OVERLY CLUTTERED, BEDDING IS STRAIGHTENED AND ELECTRICAL ITEMS ARE OFF.***

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- 16) If you plan to be gone overnight, you must notify the House Mentor, supply the contact name and number of whom with, where you will be staying and number of nights requested, to the House Mentor for approval.
The length of time allowed shall be determined on an individual basis, which includes the Member’s progression in recovery, time clean, PO restrictions if any and overall trust developed by the Member. If in question the Mentor shall obtain the final approval of a Board Member.
- 17) NO overnight guests.
- 18) All guests must leave by 10:00 pm (guests are non-house residents, which includes persons from another Fairhaven house).
- 19) Members are **NOT** to have other Members babysit their child at any time.
- 20) ALL outside visitors must be prearranged and have the house mentors approval.
Visitors are limited to no more than 3 times weekly with a hour and fifteen minute limit per visit.
- 21) NO women at the men’s homes and no men at the women’s homes without the prior approval of the Mentor!! The same time limits apply that do for all other guests.
- 22) NO smoking in the house. Smoking is only permitted in the designated smoking areas on the property.
- 23) Members shall submit to monitored, random UA’s and breathalyzer tests, or if suspected use of alcohol/drugs deem it prudent. **UNTIL A BREATH AND/OR URINE SAMPLE IS PROVIDED THE MEMBER SHALL REMAIN IN COMMON AREAS INSIDE THE HOME, IN THE PRESENCE OF OTHER MEMBERS!**
- 24) NO hanging items on walls without prior approval of the House Mentor.
- 25) Members shall strive to maintain **full-time** employment, attend school, or be out of the house **actively** seeking employment outside the home, between 9:00 am and 4:00 pm daily on weekdays. And document their job search with a Fairhaven job search form or in a way that provides the same information required by Fairhaven. The Mentor will review this search documentation daily, and may at times verify the information that you provide.
- 26) Those on SS, SSI or SSDI are required to do 20 hours of service work weekly.
- 27) Items 24 and 25 are required so the individual can move forward in their recovery and become productive members of society again.

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- 28) Members shall participate in the daily devotions Monday through Friday at 7:45 am and 8:45 am Saturday, and ensure that they are up and ready to participate in time. ***NO CELL PHONE ACTIVITY, NO EATING, NO COOKING, NO MAKING OTHERS WAIT! MAKE SURE YOU GIVE YOURSELF AMPLE TIME TO USE THE BATHROOM, FINISH YOUR SMOKE, EAT YOUR BREAKFAST OR COMPLETE ANYTHING ELSE THAT MAY BE A DISTRACTION TO THE GROUP OR DELAY ITS START. BEING SICK, IMPORTANT APPOINTMENTS OR GOING TO WORK IS THE ONLY EXCUSE! (PLEASE BE AS QUIET AS POSSIBLE IF GETTING READY TO LEAVE AND DEVOTIONS OR MEETINGS HAVE STARTED) THESE RULES APPLY TO ALL HOUSE MEETINGS.***
- 29) The house shall be kept clean and organized. This includes individual rooms, bathrooms and common areas. **EVERYONE** should work together, so the house can reflect in a positive manner to any unexpected visitors, or potential new members.
- 30) Internet/computer use is off limits after 11:00 pm daily.
- 31) TV/game consoles may be watched/played after 10:00 pm, (including personal electronics in rooms if personal headphones/earpieces used), provided volume level is kept low. Should either common or personal units become bothersome they too shall be turned off by 10:00 PM.
- 32) ALL lights/electrical devices are to be turned off upon leaving your room or the house. **DOUBLE CHECK ALWAYS!! THE MENTOR HAS THE FINAL RESPONSIBILITY TO ENSURE THIS POLICY IS FOLLOWED.**
- 33) Members shall supply their own food (including coffee), toiletries, cosmetic’s, etc. *Fairhaven shall supply all cleaning supplies, detergents (laundry/dish), toilet paper (when possible) and some other of the most basic household items that pertain to operating the house.*
- 34) House thermostat is off limits to all Members except the House Mentor, except in their absence the designated Member that is given the responsibility of controlling it.
- 35) Any Member answering a Fairhaven house phone shall do so in a courteous manner. No personal information shall ever be given out. When another Member is asked for, either get the person requested or take a message that includes: Time called, caller name, contact number, urgency and a good time to return the call. If the member is not present, take the message info only. Do not answer questions about whereabouts, time of their return or any other info requested, only that the person is currently not available and that you would be happy to take a message for that individual. **PROTECT YOUR FELLOW MEMBERS’ PRIVACY AND SAFETY!**

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- 36) Members shall **ALWAYS** rinse their own dishes and place them in the dishwasher when finished with them. If the dishwasher is full and clean...empty it and then load your dishes into it. When full and dishes dirty...run it and hand wash your dishes! Let us not ask our fellow Members to pick up our slack! This is **NOT** just the responsibility of the person whose chore is the kitchen/dishes; this is everyone’s responsibility and accountability!
- 37) Complete **YOUR** assigned chore **DAILY AND SIGN IT OFF!!** If it’s not signed...it’s not done!!!! It shall be complete by days end.
- 38) **FAIRHAVEN RECOVERY HOMES IS NOT RESPONSIBLE FOR LOST, STOLEN OR DAMAGED PERSONAL PROPERTY!**
- 39) **Mandatory Daily Devotions at 7:45 AM Monday through Friday, Saturday at 8:45 AM.**
- 40) **Mandatory Two In-House Meetings Weekly. Unless previously excused. Mandatory Two outside Meetings Weekly. (These may include one Church, Bible Studies, Group Meetings, Treatment, Therapy, Counseling etc. and at least one NA/AA (12 Step) meetings per week).**
- 41) **Absolutely NOTHING that is burning whether with flame or embers of any kind are allowed to be used in the homes. This includes candles, incense etc... If it can generate a flame or burning ember of any sort it may not be used within Fairhaven Homes. This policy is for inside the Members’ rooms, common areas, bathrooms, garages, kitchens...absolutely everywhere.**
- 42) **Any Member found to be tampering with, disabling, removing batteries from any smoke detector device in the home will be subject to an IMMEDIATE eviction!**
- 43) **RELAPSE: If you are found to be using alcohol, drugs or gambling in or outside Fairhaven Recovery Homes you may be expelled. Consequences will be considered on an individual basis, but the minimum is below!**

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**IF FAIRHAVEN RECOVERY HOMES’
MEMBERS POLICIES ARE NOT FOLLOWED
THEN:**

- **1ST VIOLATION: Written Warning, Placed On Conditional Contract, 90 Meetings In 90 Days, 20 Hours Service Work & 30 Day Probationary period.**

- **2ND VIOLATION: Immediate Eviction From Home. (Member May Be Considered For Return After 60 Days Continuous Clean Time And An Active Aftercare Program Has Been Established.)**